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| **Coaching to Learning: Building a Model** | **Malta** |

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| **Target**  Through this exercise, the trainer aims to show that coaching can lead to learning. It also aims to make the trainees reflect on the skills needed to coach a person with disability & even hint on the importance of communication. |

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| **Target group**  Trainees- prospective job coaches |

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| **Setting, number of participants**  Divide participants in groups of 3.  11 participants |

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| **Duration**  45 mins/ 1 hour |

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| **Preparation: materials and time**  Blocks with different shapes & 3 blindfolds  10 minutes |

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| **Description and procedure**   1. Trainer will divide participants in 3 groups & will ask each group to identify a coach, a coachee (person with disability) & an observer(s). 2. Identified coachee will be asked to go out of the room. In the mean time, the trainer will explain to the coach that they need to build a model with the shapes provided, take notes on how they constructed it. 3. Once ready, they need to dismantle the model as they will be working with the coachee (who will be blindfolded) to build the model 4. Coachee will be guided in the hall by the Coach and the coaching session will begin. Observer will observe session 5. Following this exercise, all the participants will be asked to share their feedback and their reflection thoughts |

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| source: MTA Learning: MTA Coaching Skills |